Overview of the Whereabouts System

The Whereabouts System is an essential tool Anti-Doping Organizations (ADOs) use.

To enable out-of-competition testing (OOC) with no advance notice by requiring athletes to provide regular updates about their location.

Purpose

1. To facilitate effective testing by Anti-Doping Organizations.
2. To ensure a level playing field by making athletes available for no-advance-notice testing.
3. To deter doping practices by maintaining accountability.

HOW DO ATHLETES KNOW IF THEY MUST SUBMIT WHEREABOUTS INFORMATION?

Athletes will be notified if they are included in the EGY-NADO RTP or the TP and are required to submit Whereabouts information.
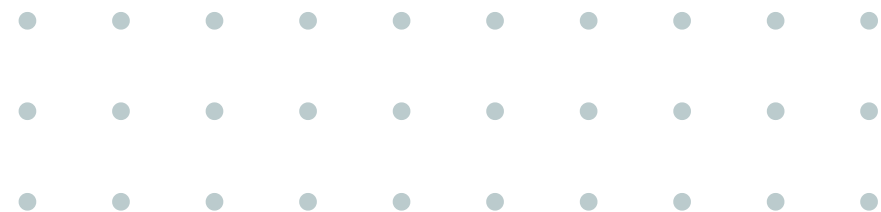
As outlined in the World Anti-Doping Code and International Standard for Testing & Investigations, elite athletes who have been identified and notified that they are part of the EGY-NADO RTP or TP are responsible for directly keeping EGY-NADO informed of their Whereabouts.

Athletes who have not been notified of their responsibility to submit Whereabouts information are not required to submit any Whereabouts information, although they can still be tested out-of-competition by EGY-NADO anywhere anytime.
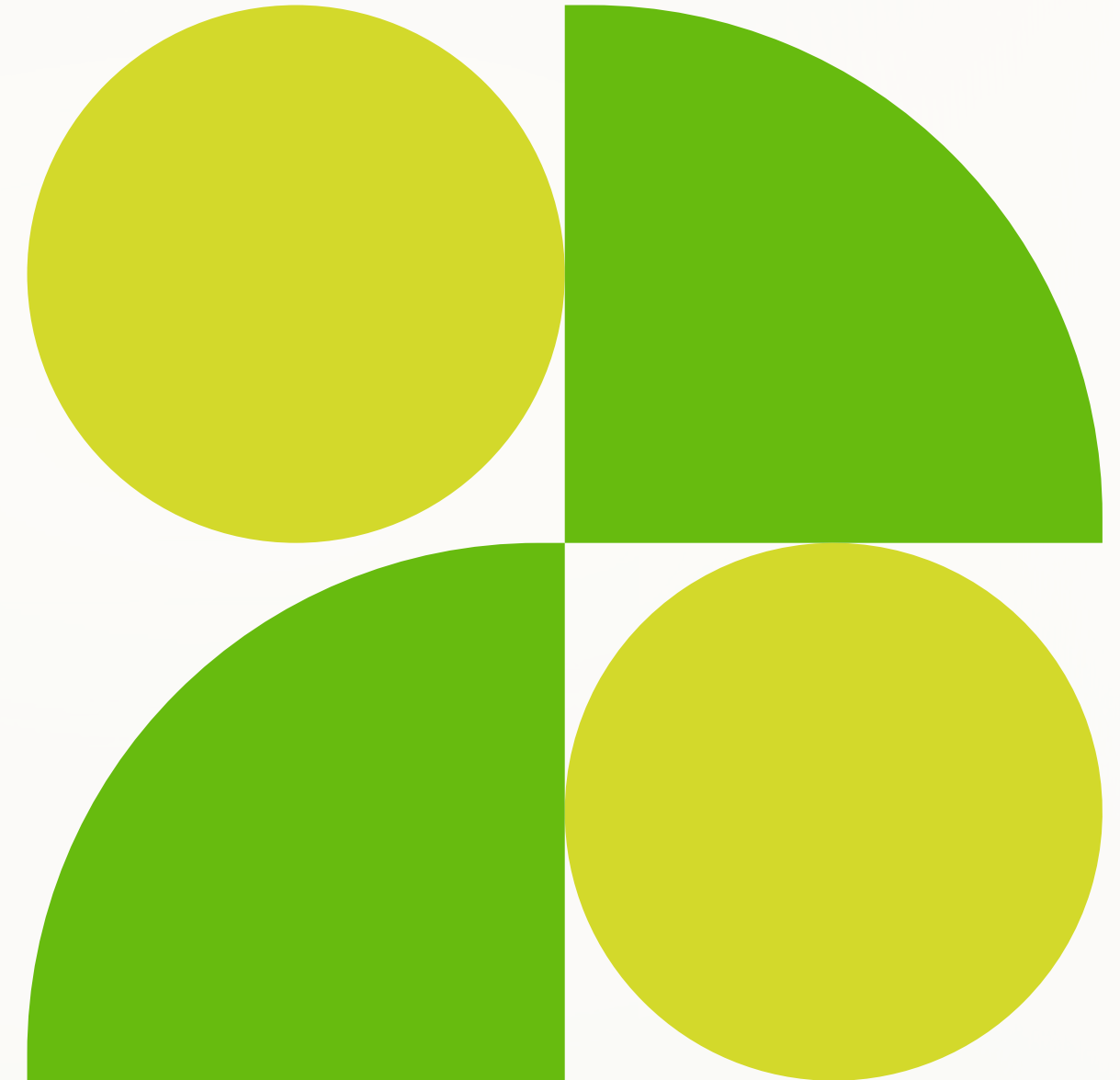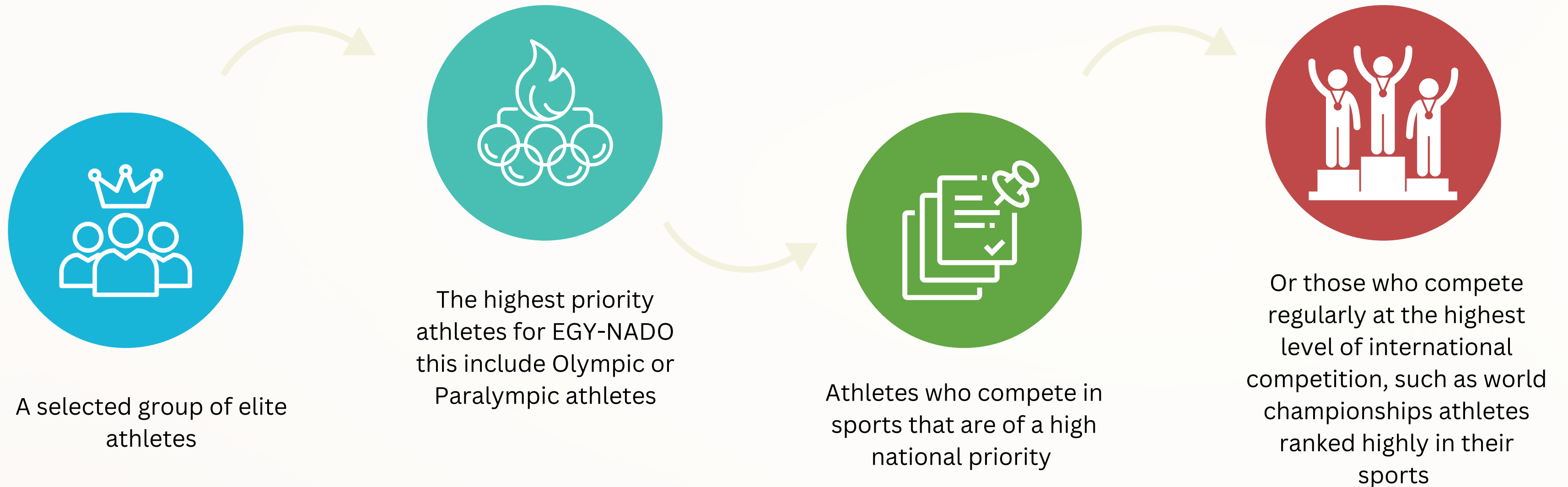
"Keep In Mind"

Out-Of-Competition
test is conducted
anytime, anywhere
without advance notice

WHO ARE RTP ATHLETES?

A selected group of elite athletes

The highest priority athletes for EGY-NADO this include Olympic or Paralympic athletes

Athletes who compete in sports that are of a high national priority

Or those who compete regularly at the highest level of international competition, such as world championships athletes ranked highly in their sports

RTP athletes are subjected to being tested regularly OOC and are obligated to provide accurate information about their location throughout the day.

You are required to provide sufficient and accurate details about your location to facilitate the DCO's ability to find you without making a phone call or asking neighbors for direction.

"There could be consequences on RTP athletes if they don't provide accurate information about their up- to-date location "

3 Filling Failure or Missed test (in 12 months) = ADRV

WHAT IS THE REQUIRED INFORMATION FROM RTP ATHLETES?
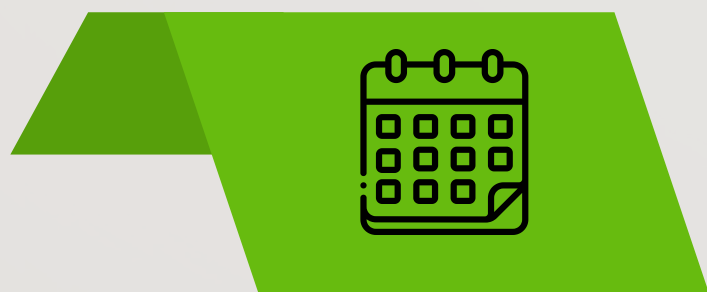
An Up-to-date Overnight accommodation.
If you are staying in a hotel provide your room number and inform the reception that anyone may ask about you for testing

60-minute time slot (One hour per day for each day of the year).

Regular activities (e.g. training, work, study, physio ... etc.).

Competition Schedule.

Travel schedule.

Any additional information deemed necessary to enable EGY-NADO or any other ADO intending to locate you for testing(phone number,email,GPS..)

"Remember"
RTP athletes can also be tested out of the 60-min time slot.

TP may include athletes participating in major games.

They are also required to submit their whereabouts information as outlined in the WADA CODE and the ISTI.

If TP athletes don't provide accurate information about their whereabouts.

In that case, EGY-NADO may move the athlete to another pool called RTP, where the athlete can be sanctioned for inaccurate or insufficient information.

3 missed test or filling failure (in 12 months)= ADRV

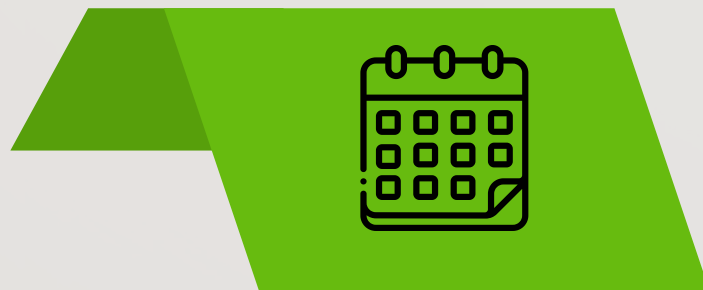# WHAT IS THE REQUIRED INFORMATION FROM TP ATHLETES?
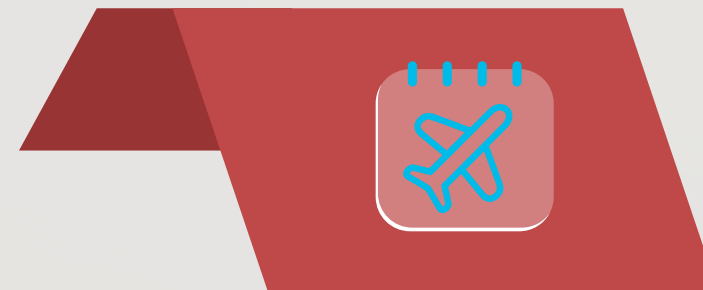
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Regular activities (e.g. training, work, study, physio ... etc.).

Competition Schedule.

Travel schedule.

Any additional information deemed necessary to enable EGY-NADO or any other ADO intending to locate you for testing(phone number,email,GPS..)

Submitting and updating whereabouts:

Submitting whereabouts is always done by using **ADAMS** or the **Athlete Central Mobile App.** Or by **SMS** if you activate it on **ADAMS (SMS at emergency only).**

What is ADAMS?
WADA's Anti-Doping Administration and Management System (ADAMS), is an online tool that athletes can access anytime and anywhere to submit and update their whereabouts information. ADAMS is available in many languages. ADAMS is free, easy to use, and it takes privacy and security of athlete information seriously.

When to file Whereabouts information

Your whereabouts shall be submitted
four times per year and must be kept
updated throughout the year.
The quarterly deadlines are
**15 March, 15 June, 15 September, and
15 December.**

After submission, you shall update your
whereabouts as soon as you become
aware of a change in your circumstances

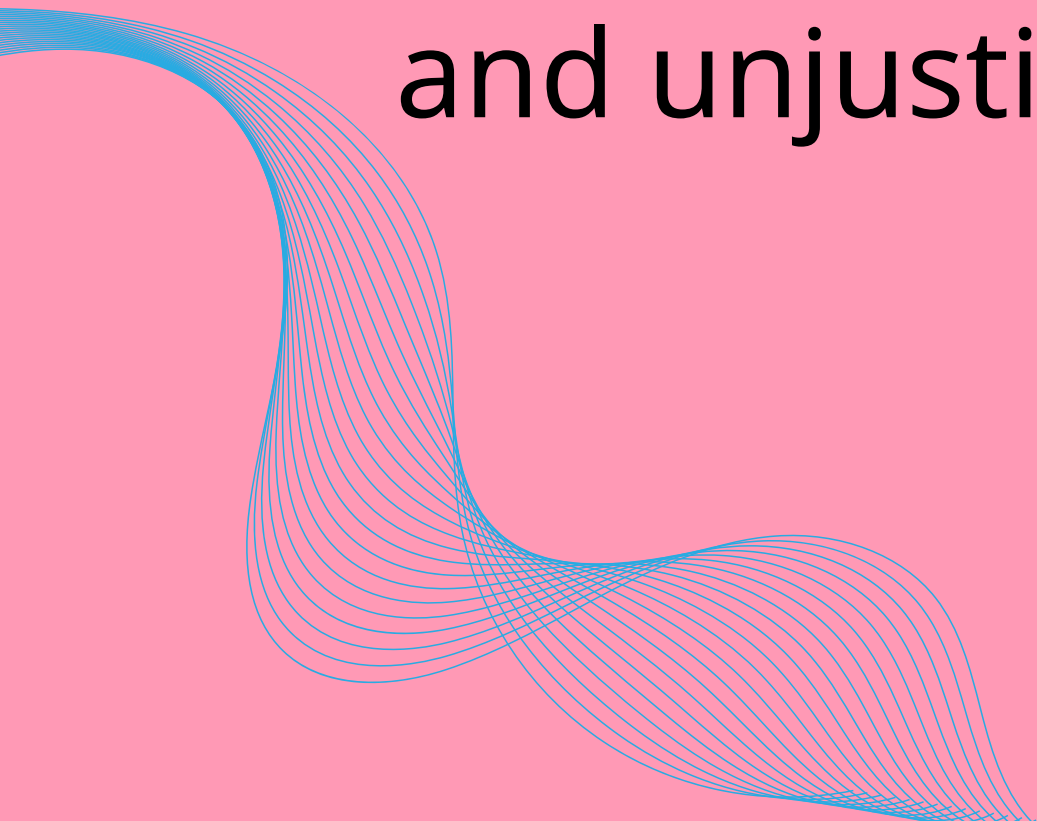# There are two types of whereabouts failures

⏰ **Missed test**

 Unavailable for testing during 60-minute time slot

❌ **Filing Failure**

Incomplete or inaccurate whereabouts, late submission, and unjustified last-minute updates.

WATCH NOW

You can Watch ADAMS tutorial to know step by step how to submit your whereabouts
**https://youtu.be/UmTpHy9oJc8?si=0LA2ISFZN7DEBUrx**

- **You must submit your whereabouts till EGY-NADO informs you that you are excluded from the RTP or TP program.**
- **Or you submit a retirement letter to EGY-NADO.**

DON'T FORGET

- If an athlete refuses to conduct testing it will lead to an Anti-Doping Rule Violation (ADRV) which leads to a sanction of four years of illegibility
- "RTP athletes " any combination of 3 filling failures or missed tests in 12 months may lead to an Anti-Doping Rule Violation (ADRV).
- You can delegate a third party (coach, friend, family member, etc.) to submit your whereabouts on your behalf, BUT remember, your whereabouts are your responsibility, and any failure to comply with it may impose on you a sanction.
- For any help, don't hesitate to contact EGY-NADO via whereabouts@egynado.org
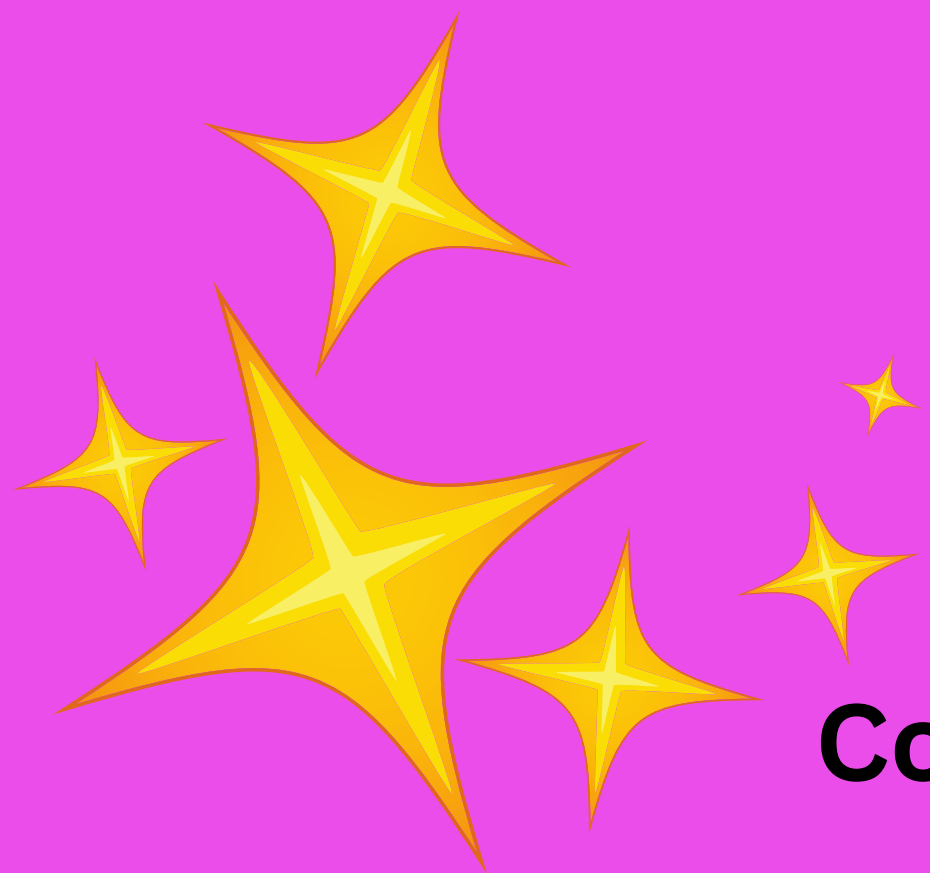
Contact Us

Email: [whereabouts@egynado.org]

Web: [egy-nado.com]

Facebook:[Egynado2009]